

VIRTUAL FAMILY SUPPORT GROUPS

Meet with your peers virtually to share information on coping with, and caring for people diagnosed with Alzheimer's disease and other dementias using Zoom. Zoom is a cloud-based video conferencing platform that can be used for video and audio conference meetings using your phone, or internet connection online. If you are new to this, we can help!

AURORA

1st Thursday of each month

7:00 – 8:30 pm

Contact Angela - ajohnston@alzheimer-york.com

THORNHILL

3rd Wednesday of each month

7:00 – 8:30 p.m.

Contact Andrea - aubell@alzheimer-york.com

STOUFFVILLE

4th Monday of each month

1:30-3:00 pm

Contact- Cassandra – ccalbert@alzheimer-york.com

MARKHAM

1st Wednesday of each month

1:30-3:00 pm

Contact Rebecca- rwardlaw@alzheimer-york.com

YOUNG ONSET (diagnosed younger than 65)

2nd Tuesday of each month

1:00 – 2:30 pm

Contact Hemal - hjoshi@alzheimer-york.com

ONLY FOR SPOUSES (on phone)

3RD Monday of each month

1:00 – 2:30 pm

Contact Ellen- ehouser@alzheimer-york.com

CANTONESE SPEAKING CAREGIVER

4th Tuesday of each month

1:00-2:30

Contact Arie- ayeung@alzheimer-york.com

MANDERIN SPEAKING CAREGIVER

3rd Tuesday of each month

1:00-2:30

Contact Arie- ayeung@alzheimer-york.com

RUSSIAN SPEAKING CAREGIVERS

3rd Wednesday of each month

11:30 am-1:00 pm

Contact Inna - isorotskin@alzheimer-york.com

The Regional Municipality of York: Paramedic & Senior's Services, Community and Health Services in partnership with the Alzheimer Society of York Region, also offers family support groups.

KESWICK

3rd Tuesday of each month 1:00-2:30

Contact Stacey- smendonca@alzheimer-york.com

KESWICK (on phone)

3rd Wednesday of each month, 1:00 - 2:30 pm

Contact Stacey- smendonca@alzheimer-york.com

MAPLE

1st Thursday of each month, 9:30 - 11:00 am

Contact Jessica – jmaltese@alzheimer-york.com